

LONGEVITY CIRCUIT

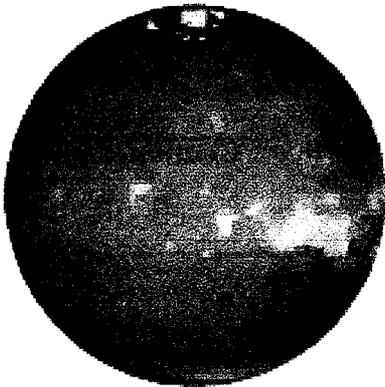
Perpetuating techniques which contribute to a longevity life-style.

Longevity Circuit

Volume 12 Number 2 Autumn 2003

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MARS

What an exciting time to be writing about Mars! Closest to the Earth in 60,000 years, the red planet provides the best viewing opportunity since Neanderthal man looked skyward. On Aug. 28, 2003, Mars was at "opposition," the moment when the Sun, Earth and Mars formed a straight line. Since we are closer to the Sun than Mars, this is also when we are overtaking Mars in our respective orbits. The main thing that alters the distance between the two planets is the fact that Earth takes a path closer to the Sun. Physics dictates that inner planets must zip around more quickly than outer planets. Earth requires 365 days to go around the Sun once. Mars needs 687 Earth-days to fill up a calendar. The relationship in space between Earth and Mars is never exactly repeated either. Each planet orbits the Sun on its own elliptical path, and those paths actually rotate through space over thousands of years. The measurements involved in the close approaches every 26 months vary because during a year, the Earth's distance from the Sun varies from its average, greater and smaller, by nearly 2 percent, and Mars' distance varies from its average by more than 9 percent, greater and smaller. The trick is to get the furthest part of Earth's orbit from the Sun (its aphelion) to line up with the closest part of Mars' orbit to the Sun (its perihelion). See the chart below. If you want more about the astronomy of this phenomenon, go to www.space.com/scienceastronomy/mars_orbit_030121-1.html. The show continues as Mars remains bright through September.



Continued on page 1

AUTUMN CALENDAR

What's the scope of the horror as we fall into the autumn equinox? Right now, Neptune, Uranus, Mars and Mercury are retrograde. Their apparent motion is backward as viewed from our planet and symbolically these periods offer us earthlings a chance to review, or in Mars' case, to retrace our steps in order to do things better. Pluto has only recently gone direct as of Aug. 28th, a very busy day for astronomy: Mars' close approach to the earth, Jupiter going into a new sign of Virgo, and Pluto turning direct.

Currently the interesting items are the preponderance of mutable signs, Jupiter's new sign, and the dance of Mars and Uranus.

First, let's look at the concept of 'mutable.' The 12 signs of the zodiac are divided up into something called the quadruplicities, i.e. signs that are square to each other. There are 3 groups of these: the cardinal signs of Aries, Cancer, Libra and Capricorn; the fixed signs of Taurus, Leo, Scorpio and Aquarius; and finally the mutable signs of Gemini, Virgo, Sagittarius and Pisces. These signs are so named because they are able to mutate. If you look at changes in the seasons, you'll see what the ancients meant: June (Gemini) can be either warm or cool; September (Virgo) can be hot or cool; December (Sag) can be cool or cold, and March (Pisces) can be cold or warm ("in like a lion, out like a lamb") These are the months where the seasons change. People who are born with strong mutability tend to be adaptable, resilient, wishy-washy and take the path of least resistance. We now have a prepon-

derance of those energies with 6 planets and the Sun in Virgo, Pisces and Sagittarius. Therefore, we are presently in a season of change. Will we express this energy with adaptability or denial, with resilience or easily duped?

The second noteworthy item is Jupiter's change of sign. For the last year, Jupiter has been travelling through a 30° sector of the sky called Leo, renown for its grandiose energy, creativity and political fervor. Review for a moment and you will recall how many big ideas have been put forth politically and perhaps you've noticed that many of them have fallen flat. People in general have been very busy this year. Jupiter in Leo was a lot of fun! Fire in a fire sign kept things hot. And with a little help from Mars close approach, hot they were especially all over Europe as well as other areas. And there were many fires in North America, one in Canada that was "so hot that buildings exploded before the actual fire even got to them." I'm sure you can think of many other examples.

Now Jupiter has moved into Virgo, a mutable earth sign. Virgo is nicely described by the word, "critical," in its twofold meaning of having discernment, and, as being judgemental of others. If we are to segue into this new energy positively, then we will make use of it by taking some of those grand ideas that we got so hot about and make them reality. We'll be adaptable about allowing changes to take place that will let those good ideas manifest. Or, other the other hand, we could easily use this energy to be critical of others without participating in making the changes that would repair what is wrong. Remember Jupiter is where we find

expansion, positive or negative.

The third area of interest is the dance of Mars and Uranus. Mars is action, (see the accompanying article) and Uranus is the unexpected and unpredictable. Both these planets are traveling through Pisces, are retrograde and approaching 0°. Mars will turn direct on Sept. 27th early in the morning and Uranus goes direct on November 8. Together these two planets can be pretty violent, especially regarding unconscious anger issues. You wouldn't want to drive a car if you are feeling hostile and it isn't a good time to quarrel as things can heat up too fast.

In addition, on Nov. 23rd there will be a Solar Eclipse at 1° Sagittarius which exactly conjuncts the Moon in the U.S. Chart. Also at that time Uranus will be making a square to the moon. I perceive this to be potentially a danger period (two weeks before and after) and suggest you follow your intuition regarding making long range travel plans.

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...a quarterly newsletter containing
...articles which combine astrology with style,
...and more.

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Mars, Continued

What about the mythology and astrology?

Mars has always had a bad reputation. One of the most culturally consistent planets, Mars has been universally associated with fire and blood and from the time of the first civilization in Mesopotamia, Mars has had a malevolent identity as lord of the dead, bringer of pestilence and war. Mars also has two moons, named Deimos and Phobos which mean Terror and Fear. And ironically in terms of the astronomy, it is Venus whose planetary environment is a burning hell, whereas on Mars the conditions for life are much more benign and thus life on Mars has always captured the human imagination.

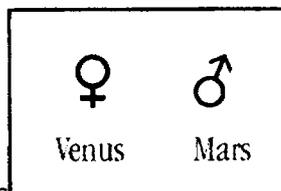
There is also the sexual aspect: as god of war, who was indifferent to the rights and wrongs of the parties for whom he fought, Mars was despised by all the other gods except Eris (Strife) and Aphrodite (Venus) for whom he held a perverse fascination. Their relationship was unashamedly erotic. The glyphs for these two planets are even now the signs for male and female.

In modern times an interesting research project was conducted by

the French statistician and psychologist, Michel Gauguelin who coined the term, the "*Mars Effect*" to describe the evidence of Mars' strength when found on the angles in a

person's chart.

Athletes tend to have Mars



on the horizontal axis showing the tough minded will required to succeed in solo sports, and engineers on the Midheaven to indicate the mental strength.

Mars is considered the lesser malefic (Saturn being the greater malefic). This is because Mars represents self-assertion and the ego; that is, the need to distinguish oneself as a unique individual and to separate oneself. And since all religions are in theory searching for some union with the universe, it is not surprising that Mars is not well received! Perhaps this comes from the astronomy of Mars being the first planet outside Earth's orbit.

In general, however, Mars symbolizes our urge to act and how we use anger. At its best it brings will power, courage, determination, and enjoyment of work and fighting (for a cause). At its worst it is wasted energy, love of destruction, impulsiveness and brutality. In the body, it rules the muscles, the sexual function and the body's heat. In terms of things, it rules, cars and all motor driven vehicles, fire, arms, blood, the penis, sulphur and garlic.

As the ruler of Aries, the glyph ♈ represents man's first stage of development when an individual becomes aware of himself. Where it is placed in the horoscope will tell if Mars is used positively or negatively.

POLITICAL ACTION

Adano tells us about the importance of involvement and its spiritual implications on page 4. Mars, we know, rules action, anger and fighting. So if you happen to have Mars as I do in the 10th house of philosophy and religions to mention a couple of related areas, then you will understand that Mars in this position indicates fighting for a cause, having a *cause celebre*. And why I would be championing involvement in politics!

The political situation in our country is a mess. California, where I live, is a laughing stock with its crazy politics involving the governor's recall. For the rest of the country there is either a malaise, an inertia to do, to get involved, to protest; or there is a strong aggressive right wing element which is making mince-meat out of the do-nothings. What do we do about this?

Statistics indicate that a mere 28% of the population takes advantage of living in a democratic society by voting. For the past several months I've been doing a little research project of my own, asking my clients if they vote. Surprisingly, but gratifyingly, my clients have told me they always vote! So one big thing we can do is encourage our friends, relatives, etc. to educate themselves on the issues, to think for themselves (instead of being controlled by fear) and to vote!

If you'll look at the essence of the Aquarian Age you'll see why this is so important. It used to be that many people thought the so-called New Age would be roses

WHO IS ADANO LEY

Without the challenge, without confrontation, without the anxiety, the tension, the pressures, there is no involvement. It is because of that a law of Karma is valid. The involvement, the confrontation, the facing up to yourself, the organizing of life, trying to straighten out the divine mess, putting order into a chaotic omnidirectional universe flowing in every direction, we want to set order to it. This is the great, divine plan. Getting the soul to get in there and straighten out, put corn in one line, put squash in one line, put peas in one line, put all the pine trees in one line. We even may go ahead and call it the involvement of self pollution but it is the essential part of the soul's growth, why it was designed, to be involved. If we think He designed us not to be involved, not to be strung out in this marvelous plan of existence, it's not true. He knew His creation can only gain strength, can only achieve the triumph of renewal of self, the complete realization of itself, by being involved. The philosophy that tells you not to get involved, not to get trapped, tested, confrontation, is not a genuine philosophy. It's the one that tells you go in there, find out for sure, if you are truly soul, if you can stand

the pressure and work with the pressure and call on your divine creativity, divine will, to surround you and face the obligations, you have the true philosophy. Then you have found why the creator made you. He made you to demonstrate the divinity of your nature while in action in His creation. The creation is not a place to idly lay-away and fall asleep. It's a place where we are constantly tested to discover our divinity. We would not know if we have a divinity if we had no challenge, if we had no involvement, if we never made mistakes and never tried to correct them, we would never know.

..And if you're observing your own personal life, when you have all the crises around you, all the problems that you're involved with, not until you make that first step into action, do you begin to see the way getting clear, every way looks dark, there doesn't seem to be any outlet, but the moment you become involved, the moment you take up the forward action, it starts taking care of itself. This is the true karma that we're talking about, this is the action we want to set in motion. This is the action that resolves itself by its own action. This is God, a God of life, a God of activity, a God that demands action upon action based upon love through the action. Only then do we free ourselves from the false concept that we're being punished by Creative Intelligence for wrong action. We are not punished, we are punishing ourselves. We are free men, lord of ourselves in the involvement only, not sitting on the fence, not idly wishing for it to happen, or someone to pluck us out. When someone plucks us out, we will owe them a debt. When we pluck ourselves out, we owe God

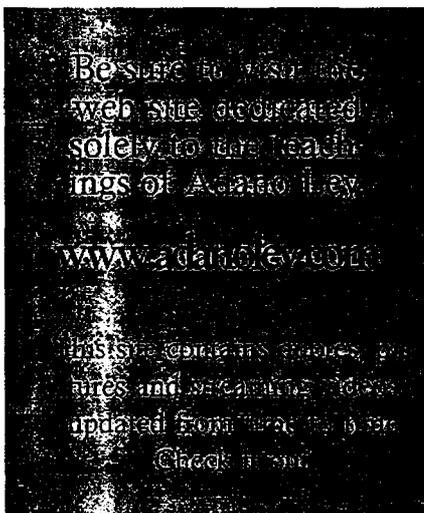


thanks for allowing us to discover the capacity within ourselves to pluck ourselves out of the action. Otherwise we don't owe anything. We are soul, we are the divine quality made to express right now, in action. But until we involve ourselves with the action, we are not going to change, we're going to remain idly hoping for someone to lift us out or sitting on the fence twiddling our thumbs and saying "it can't be helped, there's nothing I can do." So I throw up my hands in a fatalistic way, let it happen. But until we get involved and to see the true course of what karma is and why karma is an actual law that compensates itself by divine love, we will not know it. We will hope, we will imagine, we will try to make all types of mental prognostications and excuses.

All Life is Action

"All life is action.
All action is Love.
All Love is service.
All service is freedom.
All freedom is NOW.
All NOW is giving.
All giving is life.
All life is action."

Adano Ley, 1975



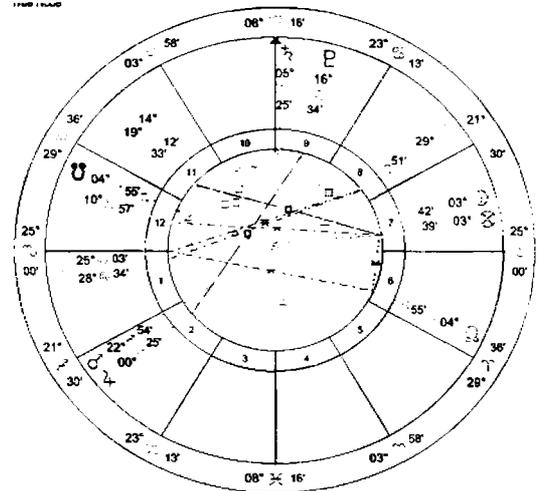
and harmony. Now we know it's not. In fact, it was long ago predicted that this new millennium would be marked by increasingly bad government. That's a prediction that is easy to see as being true. The reason for the bad government, however, is actually a necessity: it is the only way to bring the grass roots influence into the mainstream. You see, Aquarian energy is about the common man, not the charismatic individual. It's about the populace, people in general, masses of people acting as one. The bad government isn't a result of our being bad people, but rather due to the Neptune influence in the Age of Pisces that we are leaving, that allowed us to give over our personal power to certain individuals. So we had Jesus, and in our times we had Hitler, Gandhi and Churchill, for example. Great leaders. It was a necessary level in our evolution but not an end point. In the Aquarian Age, projection of our own power onto others is consequentially immature as it creates an avoidance mentality. "Let them do it," and later, "it's their fault." The Aquarian mentality realizes that each individual is whole, connected to the whole, responsible and therefore powerful. We know it to be scientifically true from quantum mechanics. Now we must bring this concept into our psychology. This is the direction that we're headed, our next evolutionary step.

We've had a few wake up calls: the 9/11 violence that indicated we are not isolated; the big blackout that showed our interconnections; and now the Howard Dean phenomenon showing the grassroots power. In case you haven't heard, Dean is running for office as president and has acquired all his money from people on the Internet. Everything he has done so far he has done through individuals rather than aligning himself with a power group. He seems to be using the numbers of supportive people as his power strength. Even the New York Times is quoted as saying that going to a meeting with Dean is "a protest, not a political meeting." See his chart below. The notable configuration involves Uranus, the ruling planet for the Aquarian age, opposing Jupiter representing law, philosophy and expansion. These two together usually indicate a person who wants change and will work to get it. Unfortunately, we don't have Dean's birthtime so we can't be very specific. His Scorpio Sun however, thrives on politics. For clarification, Dean, here, is used as an example of the potential inherent in the Aquarian Age. This paragraph is not an endorsement of his politics.

Two other noteworthy indicators: on-line education is

an entirely new way to learn, reaching people from all walks of life and locations. Education goes wherever there is a computer. Although on-line education isn't all that new, it is going mainstream. The computer and self-responsibility to study are Aquarian symbols since there is very little personal involvement and no overriding authority. Try taking an on-line class to see what I mean. I'm currently taking Italian on-line and I will soon be able to make a more specific judgement about it's efficacy. Finally the last item that I want to remark on is the very funny law suit that was brought against Al Franken, the comedian from SNL by Fox news network. He won. The First Amendment to satirize and mimic for humor was upheld and the judge commented that it was an easy decision to make. Francken has used the words "Fair and Balanced." on the jacket of his book, which Fox News said was an infringement on its copyright. Freedom of speech is absolutely essential for the grass roots effect to take place and I was glad to see that it is alive and well. And Francken made his point through humor. Action, to be healthy, needs a light touch which does not necessarily diminish its power. The Aquarian element is air and at its best, it's air flowing through your hair, clearing out your brain, letting you think clearly, seeing the big picture.

The solar chart of Howard Dean



CALENDAR, Continued

One final thing: as I write this quarter's newsletter, Mercury is retrograde in Virgo, one of Mercury's two homes (the other is Gemini). A backward moving (apparent motion) mercury can cause mistakes, or we change our minds, or we get new information. Mercury will turn direct on the 20th probably before you get this, but will go retrograde again for the last time this year on December 17th until Jan 5, 2004. Remember this when you're making your travel plans!

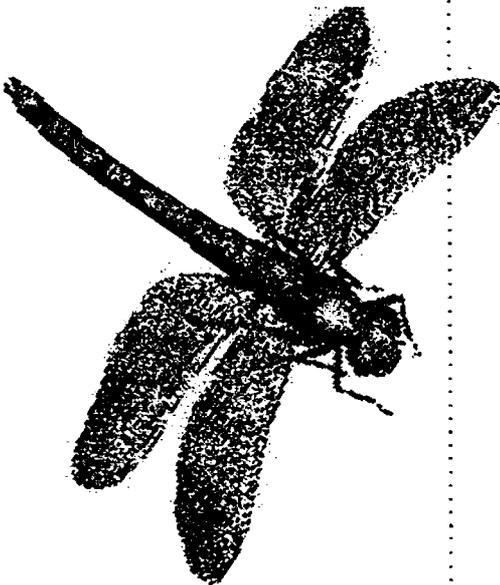
This issue is all about action. That's because Mars is so right-in-your-face these days. There it is- twinkling away- the brightest 'star' in the evening sky. Being so close, the closest in 60,000 years, it seems to have an even stronger energy than usual and consequently many have been asking about it. Usually getting the bad rap, we've tried to emphasize the positive qualities of action, which Adano called, "Involvement." So we have a nice long quote about action as Adano saw it. "All action is love," he said and if one were to live that truth, Mars could never be anything else but benign. Here is another quote from Adano offering a standard by which to judge oneself and one's level of growth.

1. A spiritual person is measured by PRACTICALITY moment to moment.
2. Divinity is measure by IMMUNITY to sickness
3. Liberated: capacity to serve, a liberated person is TOTALLY IN SERVICE all the time.

I also want to remind you that Adano tapes, CDs and DVDs are still available from Paul. Email him for prices and availability at: psakion@lcircuit.com.

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