

Longevity circuit

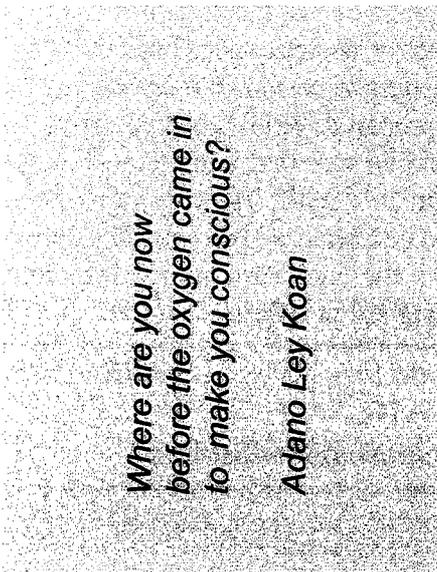
Perpetuating techniques which contribute to a longevity life-style.

Longevity Circuit

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PLEASE NOTE!

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Have you visited our
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Prediction

In the last issue of L.C. we took a look at the history of predictions in Astrology and how the discovery of the various planets has altered how we use predictions. We showed how we have gone from using predictions only for the aristocracy to the present inclusion of predictions for everyman. We further showed how predictions have become broader, wider and even transformational. To sum up we said:

The Who= you
The What = Uranus
The Why = Neptune
The How = the Kuiper Belt and Pluto
The When = the natal chart

In this issue, let's look at some of the methods we use to predict.

PREDICTIONS FROM YOUR OWN CHART.

Transits. The most obvious technique is using transits. All of you receiving this newsletter have experienced how transits predict. The natal chart is the frozen space-time map of the planets, Sun and Moon, and any relevant stars recorded at your first breath. Transits track the moving planets and luminaries on any particular day and compare them to your natal chart. The relationships of the newly positioned objects to the original placement of those objects tells the story of what's happening now or could happen in the future. There are several different kinds of transits and progressions: primary, secondary and tertiary. And if that weren't enough, we can turn the chart forward or backward with good results!

Location Astrology. This relatively new technique is one of the best! It also uses the questioner's natal chart. Only with the use of computers does it have any practical application. It is based on a complicated system of placing one's natal planets on the angles of the chart and would take immense amounts of calculation without a computer. As a predictive technique it tells us how we will do in a different location than the one where we were born. It also indicates points in the world we can draw upon or stay away from to enhance our lives. Location analysis is provocative, too, in that its energy flows two ways: toward or away from us. We may never visit Istanbul, for example, but we may be pleasantly surprised to notice how many people from Istanbul have entered our life

Continued on page 3

SUMMER CALENDAR

The Sun enters Cancer on June 21st. Here's the line up as of the Summer Solstice: Jupiter in Scorpio, Neptune in Aquarius, Uranus in Pisces and Pluto in Sagittarius are retrograde. Saturn in Leo will continue to be direct until near the end of the year. Currently at 9° it will achieve 25° in December. Saturn is not 'happy' being in Leo and those who are reading this who have fixed planets in their charts [Taurus, Leo, Scorpio and Aquarius] will find Saturn rubbing them the wrong way.

Among other things, Saturn rules ageing, and since such a huge percentage of the population was born in the late 1940's ageing is becoming an issue. Whether that is right or wrong, the fact is, our news, TV, and other media are filled with evidences that we are afraid of ageing. Do you know what all those purple, green and white pills are for? Do you have health insurance, hmo's and medicare? How many times have you been to the doctor, hospital, emergency care, etc? Do you have allergies, knee problems, can't eat certain foods, etc. etc. etc? This is all Saturn stuff.

To compound our discussion here, Saturn and Mars are currently conjunct since early June and only now are beginning to separate, bringing additional ageing and death issues to the forefront. And there's more: Neptune has been opposing Saturn and Jupiter has been squaring Saturn! Paranoia, poor self esteem, lack of energy [particularly the energy to resist] are common occurrences with this energy system.

I couldn't be an astrologer if I felt this was all there was to say about the matter. Saturn also rules ignorance, i.e., ignoring the truth. This is why Saturn is also credited with being the Teacher of the zodiac. There is a very good DVD of Joseph Campbell, the great mythologist, called *Sukhavati, Place of Bliss*. Let me quote:

"We're in a free fall into future. We don't know where we are going. Things are changing so fast and always when you are going through a long tunnel anxiety comes along. And all you have to do, to transform your hell into a paradise, is to turn your fall into a voluntary act...It's an interesting shift of perception: joyful participation in the sorrow and everything changes."

Personally I think this is the great teaching of Saturn. Jupiter turns direct on July 6th at 8° Scorpio it will gradually gain speed and reach the entrance into Sagittarius the end of November. Opportunities will arise quickly for those with water sign energies [Cancer, Scorpio and Pisces], the fixed sign energies will be susceptible to excess and bravado, but for those lacking courage or with poor self-esteem this is often exactly what is needed!

Mars moves through Leo, Virgo and into Libra by the Autumn Equinox changing our patterns of action: spontaneous (Leo), researched and discriminating (Virgo) and confrontational (Libra).

On July 4th Mercury becomes retrograde at 1° Leo, Make summer travel plans before this time or be willing to make changes on the fly. Mercury goes back into Cancer for most of the retrograde period so if any of you are going back home, be prepared for unexpected conversations with relatives and be sure that you are understood and understanding. On July 28th, Mercury turns direct again, and things could be a bit more predictable although some astrologers think the backward energy lasts until Mercury regains its original position.

For those who would like a copy of the list of solar nutrition foods, please visit

<http://www.lcircuit.com/foodlist.htm>

Be sure to visit the web site dedicated solely to the teachings of Adano Ley.

www.adanoley.com

This site contains quotes, pictures and streaming videos, updated from time to time.

Check it out.

Did you know that astrological consulting is the original "Life Coaching?" The only difference is that using astrology is objective. It uses YOUR life direction to optimize your life. It is objective and individually based.

LONGEVITY CIRCUIT

is a quarterly newsletter dedicated to perpetuating techniques which contribute to a longevity life-style.

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PREDICTION, con't.

with such good results!

Solar Chart. This one is particularly handy if you don't know the person's exact moment of birth. In this technique the Sun on the day of birth does double duty acting also as the Ascendant. It's surprisingly accurate in the right hands and used correctly. It is often called the 'potentials' chart. Those phony predictions in the newspapers and magazines are based on this technique but only use a small part of it. Usually, and only if one looks at one's Ascendant constellation, can one have a possibility of finding an accurate statement.

PREDICTIONS FROM ERECTING INDEPENDENT CHARTS.

Horary. Often labeled as the fortune telling of astrology, horary astrology is based on the premise that the moment at which the question is asked also contains the answer! Today's understanding of physics, i.e. quantum mechanics, does not see this as far fetched. Everything is now and everything is connected. It is only our egos that think we must find an answer to something that hasn't happened in the future! Horary usually deals with problems whose solutions need an immediate answer. For instance, where is my lost jewelry? Should I take this job? Should I invest in blah-blah stock? Horary has its own rules and ways at arriving at answers. There is a resurgence in interest in horary since the recent revisiting of the old astrologers. A good example is the work of William Lilly who lived in the 1600s and wrote the famous, "Christian Astrology." What we are finding with our new levels of research is that the old techniques really work! We have lost much of the specificity the old masters used in humanistic astrology. The trick, to me, is to be able to do both techniques and tailor them to who is doing the asking. Several years ago when traveling to Denmark I visited the Danish Library in Copenhagen and was so thrilled to be able to see and touch the famous chart that Tycho Brahe delineated for King Frederick of Denmark in the 1500s. His techniques are still available to us today.

Mundane. This form of astrology is interested in world events. Mundane, mondial, world. It is used to foretell future events on a grand scale. Mundane astrology draws heavily on eclipses, and ingress charts. There is renewed interest in mundane since the 9/11 event and the many so-called 'acts of God'

events such as hurricanes, tsunamis and earthquakes. Of all the kinds of astrology that I have encountered over the years, attempting to predict these geological events has had no successful application. A weakness, in my mind, in the use of astrology is hindsight. That is, to look back at a crisis event and say, oh yes, this or that planet identifies the moment. Even astrologers who have occasionally correctly predicted an event, can't repeat the success. However, using mundane astrology for political, economic or any man-made event does seem to work pretty well. And as we continue to research we may yet find a predictive tool in events labeled 'Acts of God.'

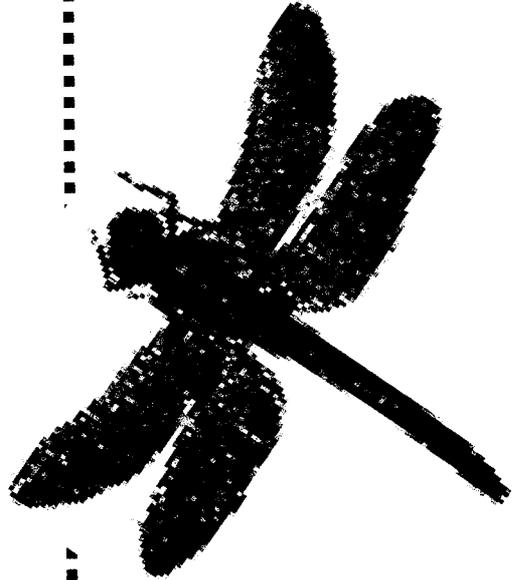
Electional. This is a technique of prediction that is very interesting to me. It answers questions such as "When is a good time to get married." When should I start my business." It is also useful for looking back to see why a business or partnership is in trouble. The moment of naming the business or signing papers will give a good indication of what might befall the concern. Steps can be taken to change it, like renaming the company or relocating. I remember when John Kennedy died in the plane crash going to Martha's Vineyard to attend the wedding of his cousin. Of course the wedding could not take place as planned. However, I noticed in a small paragraph in the news a few days later that the couple had secretly gone to Italy to marry! When I looked at the chart I noticed the ideal transit for marriage was occurring and I believe that the couple knew that and wanted to be sure they married under positive energies.

There are probably other methods, but these are the ones I mostly use in my work. Astrology has a big bag of tools and gives us many ways to enhance our lives by increasing the number of choices we have.

Addiction

We are addicted to our own imagination, through the craving patterns. Therefore as we become addicted, we have to repeat it over and over and over. Thus we become attached. From the addiction comes the attachment. We can't seem to let go and if we want to let go, we are afraid that we're going to lose ourselves, our identity. That's the big problem in this ego nature. Yet when you realize that by detaching yourself, breaking free from your imagination of what will happen to you, in the process you start the elimination of holding onto unfulfilled desires. The unfulfilled desires begin to shut off.

Quoted from Adano Ley



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first class mail

A person is spiritual if he is practical
moment-to-moment
He is divine if he is immune to
sickness.
He is liberated if he has the capacity
to serve, be totally in service all the
time.

Adano Ley



"Dreaming" 2006- oil on canvas