

# Longevity circuit

Perpetuating techniques which contribute to a longevity lifestyle.

Longevity Circuit

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## In This Issue

Nero . . . . .	1
Winter Calendar . . . . .	2
Adano . . . . .	4

## HEADLINE:

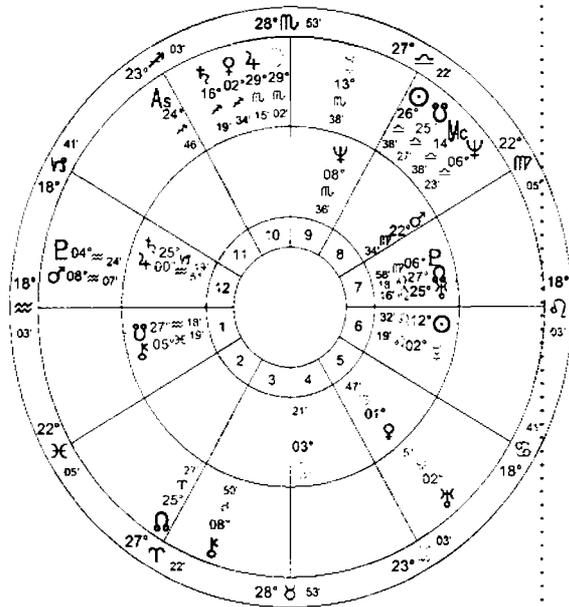
### NERO PLAYS VIOLIN WHILE ROME BURNS!

You don't need an astrologer to tell you we live in interesting times! However astrology can give some insight into what is happening and why, especially when we thought there might never be any change and when it comes it seems so unexpected.

The chart of the U.S. that I use is the historically documented chart of the expulsion of the British troops at Yorktown in 1781. This chart indicates that the newly born U.S. is standing on its own, similar to an infant breathing on its own. The usual chart used by many astrologers is the Declaration of Independence chart which holds interesting information but relates to the inception date rather than the birthing date. And there is no historical time to rely on. So then, let's look at the Yorktown Treaty chart to see what is going on. Then we will look at Obama's chart as it relates to the Treaty Chart, and finally we will look ahead by viewing 3 charts: Obama's, the Treaty's and the Inauguration date in January. (You might also want to review the Spring 08 L.C. to see the information I wrote about inevitable change.)

Look at the chart of the U.S. Pluto is natally located in the 2nd house of money but is now powerfully in the first house, opposing Uranus in the seventh. This energy always brings confrontation and change. 246 years ago, in 1762, Pluto though not yet discovered, was in the same position. The seeds were being sown for the revolution as the people became more savvy and demanding of their 'rights.' The trigger was the Tea Tax, but it was the dawning of democracy. At the same time, Saturn and Uranus were conjunct, coalescing divergent forces to bring about the revolution. Today, Saturn and Uranus are opposing each other, increasing the tension and uncertainty of how this next revolution is occurring, but again, it is money that is the trigger. What is interesting about both of these time frames is that the controlling powers were determined to play their violins while the political and financial institutions they had built were being destroyed. For years I've talked about the financial house of cards our banking institutions have been built on. And I'm no economist. Anyone who wanted to look, could have done. So now you see a system that is destroyed and no one really knows what to do. I believe it is in that sort of mental vacuum that brings about the real revolution. In mundane astrology, the first house rules the general public. Pluto here shows a transformed, for better or for worse, public persona. So it is not surprising that we have elected a dark skinned man (It is even harder for our left brained, male dominated country

Continued on page 3



This is the natal chart of Barack Obama (inner wheel) and the chart of the U.S. (outer wheel)

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# Winter Calendar

The winter Solstice comes on Dec 21st marking the longest night and shortest day of the year and consequently celebrated as the Festival of Lights by the ancient Kelts and Druids, from whom we have copied ALL our religious holidays, but with a different name. Winter can be a time of reflection, not only in terms of the events of the past year, but especially this year in terms of looking ahead, knowing our priorities and looking at our attachments. We are in the beginning phase of the transiting Pluto opposing the U.S. chart's Uranus. This is confrontational and life changing. Since I don't believe that any transit comes to destroy us, then we can see this energy as an opportunity to improve our quality of life. Maybe that job you're holding onto isn't what you really want to be doing. Maybe you have a creative talent that needs addressing. Maybe your health could improve being in a new location. Also this year we continue with the Saturn/Uranus opposition. The Republicans vs. the Democrats, the haves vs. the have nots, the controlling force vs. freedom. Not only do you see this in outward events, but it is happening within each one of us, giving us the chance to realign our thinking along lines that are more beneficial to us. But, of course, as you well know, no one volunteers for change. Thus it always seems catastrophic. Joseph Campbell, the mythologist professor at Sarah Lawrence College summed it up pretty well. The following excerpt is from the video he did for PBS, "Sukhavati: the Place of Bliss" Well worth the watch..

*"We're in a freefall into future. We don't know where we are going. Things are changing so fast and always, when you are going through a long tunnel, anxiety comes along. And all you have to do to transform your hell into a paradise, is to turn your fall into a voluntary act: joyful participation in sorrow and everything changes."*

At the end of November, Pluto entered Capricorn and is there to stay until 2023. We can already see that this energy is bringing strong conservatism, as in resources, financial principles and diminished consumerism. Though being called a recession, astrologically it is actually a correction for extreme greed and excess in general. Jupiter and Mercury are also in Capricorn and by late in the month, Mars will also be in this cold earth sign. This is a lot of practical energy, consolidation and responsibility. On New Year's Eve, however, Saturn which is in Virgo will turn retrograde until May and we may reflect on or experience issues of work ethics and health during that time. Since Saturn is currently transiting through the 9th house of the U.S chart, this energy could also raise issues of foreign policy, i.e. a pulling back, a more dovelike policy or taking a more responsible attitude toward other countries and religions.

January brings with it a lot of Aquarian energy. Jupiter joins Neptune in this light unpredictable sign on Yogananda's birthday, Jan 5th. This is a lighter more idealistic  
*Longevity Circuit*

energy that could help our economy, and mitigate the fear engendered by the media. It lasts the entire year and since Obama's rising sign is Aquarius can bring him good luck and fortune from which the entire country could benefit. Mercury and Chiron are also here and the two rulers of Aquarius, Saturn and Uranus are linked together by their opposition that I have written frequently about. All in all this energy gives us impetus for change, the ability to find innovative solutions and a more humanitarian approach. However, beginning on Jan 11th until Jan 31st, Mercury is retrograde, the first of 4 such retrogrades this year, unusual in that there are only 3 retrograde motions in a year. We will have ample opportunity to change our minds, reevaluate decisions and acquire new information. In February we'll get even more Aquarian energy when Mars enters this sign on the 4th, Mercury returns to Aquarius on the 14th and of course the Sun is in Aquarius until the 18th. Saturn and Uranus will make their second exact opposition for most of February so it shouldn't be so surprising to be surprised by unexpected change. Remember, the election of Obama occurred on the first exact opposition of these two strange bedfellows.

On March 6th, Venus in Aries turns retrograde. This only happens every couple of years. Venus rules whatever you desire, most noticeably love and money. When retrograde, matters of the heart don't do well. Deals are broken, commitments change. There is the possibility of someone from the past coming back into your life renewing old feelings. The retrograde will last into mid April. There's an aggressiveness with Venus in Aries: for example, women tend to be bolder in love relations, both sexes can feel more passionate. On Mar 20th, the Sun moves into Aries, signifying the beginning of the astrological year and the Spring Equinox. Look for the next issue of Longevity Circuit.

## *Nero and his Violin, continued*

to vote for a woman!) And since Uranus is in the sector of the chart that defines and rules foreign affairs, it is also not unexpected to see the sudden change in attitude toward the U.S. Remember that the American Revolution spawned the French and British revolutions. But now is not then. The current revolution we are working though now will have quite different effects. We participate in a world economy now and China holds the Ace of spades yet depends on the Western world to buy the products. I think we are moving from a democracy of individuals, to a world democracy, and that will be met with major opposition. How will Obama see us through this next big step?

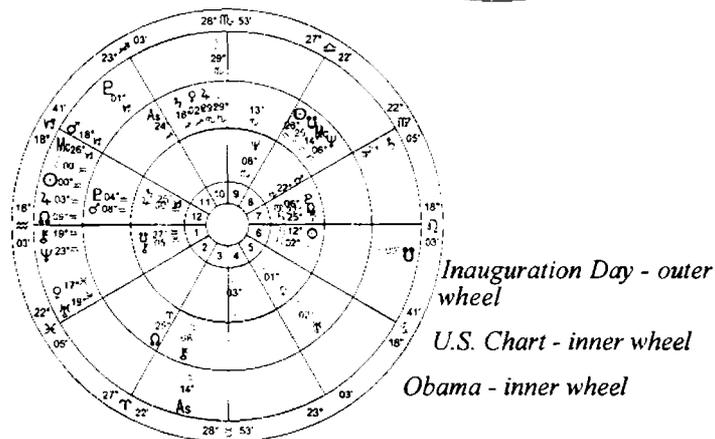
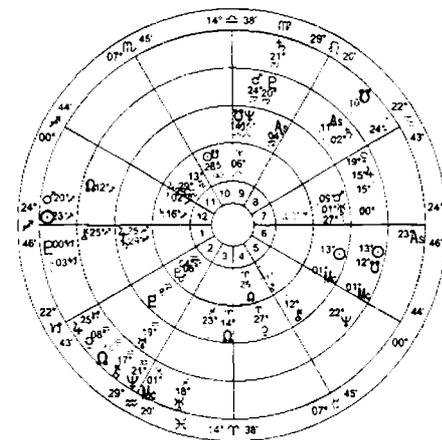
Let's look at his chart in connection with the U.S. chart to see how his energies merge with the country. First we notice that Obama's midheaven is exactly conjunct the country's Moon and Jupiter. The Midheaven tells us how the world sees us and represents the possibility of authority, prestige or fame. It rules affairs of state, and the 10th house represents the president. This is a very good combination for both the people of the country and Obama. It's beneficent and lucky. There is a trine between the U.S. Pluto and Obama's Moon. This gives charisma, power and purpose to Obama, but since Pluto is in the 12th house, it could indicate hidden powers that aid and transform Obama. Since his Moon is in Gemini he is able to articulate what he feels and express them powerfully. We've seen this already in his speeches which have a brilliance in delivery. Another strong conjunction is the U.S.'s Uranus and Obama's Venus in the 5th house. Look for changes in style, fashion, and the arts most certainly, but also the ending of the various wars is a possibility since Venus rules Obama's 4th house which is the opponents of the government and Venus usually brings victory in war. Solar arc Venus is currently transiting through the 7th house of foreign affairs, and the progressed Venus is moving through the 4th house of opponents. I don't see an easy solution, but the energy exists for a highly unusual ending to the conflicts.

The third chart to look at is the Inauguration Chart for Jan 20, 2009, for both Obama and the U.S. Amazingly, the Moon at noon in Washington is exactly conjunct the U.S. chart moon, and 7 seconds away from exactly conjunct Obama's midheaven! I think this is an extremely auspicious sign. We also find the Sun is at 00 Aquarius which is exactly conjunct Obama's Jupiter, the planet of luck, prosperity and confidence. Jupiter is also trining Obama's Moon. Look forward to a rousing,

interesting acceptance speech!

The new presidency is starting out on the right foot, I would say. However the people of the U.S. must continue to transform themselves. The transit of Saturn opposite Uranus and the Pluto opposite Uranus will not be over until late into 2010. Carl Jung reminds us that the fate of nations is a projection of its populace. If we want the world to change, we must change.

*Progressed and transited chart of the U.S.*



## LONGEVITY CIRCUIT

is a quarterly newsletter dedicated to perpetuating techniques which contribute to a longevity lifestyle.

Virginia Cornell . . . . . publisher/editor  
Paul Sakion . . . . . asst. editor  
Paul Sakion . . . . . trouble shooter  
Adano Ley . . . . . contributor  
Paul Sakion . . . . . web master

To contact us: [ginger@lcircuit.com](mailto:ginger@lcircuit.com)  
or visit [www.lcircuit.com](http://www.lcircuit.com)  
Subscriptions are \$20/yr. Send your check to:  
Virginia Cornell  
223 N. Guadalupe St. #493  
Santa Fe, NM 87501

WHY ARE WE THROWN INTO CREATION?

The Creator made man last, He did not make him first. Think for one moment, if He made man first where we put him? How would He sustain him? What would man have to compare with? There would be no planetary systems, no plant life, no animal life, no form of sustenance, the man would be sitting on a beautiful throne called void. Interesting. But man was made last, he was the last act of creation, putting you in a very unique position in the whole of creation, everything was made for you. So how can you have karma? If you're made last, this seems to be a contradictory question. If you were made last how would you have karma? If you were made first, how can you have karma? But because we are made last, we were turned loose with free will to get involved with the creation. Now we would never get involved if we were told to do as we please. The only way we're going to get involved is when we're told not to do what we please. "Don't eat the apple" don't do this, don't do that. It's the most unique psychology devised by the Creative Intelligence to get his projection soul / man, to be involved with his creation. Without the challenge, without confrontation, without the anxiety, the tension, the pressures, there is no involvement. It is because of that, that a law of karma is valid. The involvement, the confrontation, the facing up to yourself, the organizing of life, trying to straighten out the divine mess, putting order into a chaotic omnidirectional universe flowing in every direction, we want to set order to it. This is the great, divine plan. Getting the soul to get in there and straighten out, put corn in one line, put squash in one line, put peas in one line, put all the pine trees in one line. We even may go ahead and call it the involvement of self pollution but it is the essential part of the soul's growth, why it was designed, to be involved. If we think He designed us not to be involved, not to be strung out in this marvelous plan of existence, it's not true. He knew His creation can only gain strength, can only achieve the triumph of renewal of self, the complete realization of itself, by being involved. The philosophy that tells you not to get involved, not to get trapped, tested, confronted, is not a genuine philosophy. It's the one that tells you go in there, find out for sure, if you are truly soul, if you can stand the pressure and work with the pressure and call on your divine creativity, divine will, to surround you and face the obligations, you have the true philosophy. Then you have found why the creator made you. He made you to demonstrate the divinity of your nature while in action in His creation. The creation is not a place to idly lay away and fall asleep. It's a place where we are constantly tested to discover our divinity. We would not know if we have a divinity if we had no challenge, if we had no involvement, if we never made mistakes and never tried to correct them, we would never know.

