

LONGEVITY CIRCUIT

Perpetuating techniques which contribute to a longevity lifestyle

POLITICS

(Warning: This information may be dangerous to your illusions.)

There is a form of astrology called Mundane Astrology. It deals with countries, politics and world affairs. Each country, politician and event has an astrological signature or chart that can be updated and read for current trends. In fact, everything that has a beginning has an astrology! That is why we look at the birth chart for the United States in particular to gain information and insight to the current situation. Everything has cycles and the Bible tells us “there is nothing new under the Sun.” So though the current political situation seems either crazy, entertaining or horrifying depending on your outlook or political bent there is still historical evidence that we have been through similar challenges. As an astrologer, and psychotherapist I will look at the psychological significance as well for further understanding.

Pluto, Neptune and Saturn are very strong energies now. Pluto has returned to its original place in the US Chart, a cycle of 248 years, which coincides with the Revolutionary War, so we can look for parallels between then and now. We find a similar list of injustices: burdensome government controls, heavy taxation, uneven distribution of wealth, onerous debt, abuses and misuses of power,



etc. causing unrest and rebellion against authority. Today we have a similar situation with a disenfranchised segment of the population that wants change.

The reason that we look to Pluto energy during times like these is because Pluto rules transformation—death to the old, and in with the new. It indicates a time when a country (or a person for that matter) is seeking a new identity, a new ideology. It means having to face parts of the country that have been overlooked because they are not easy to face and are hard to fix. And people want to think that they can participate in the change they seek and overthrow the abuses. Pluto brings up the frustrations and fears of a people who feel that have reached the end of their rope.

No wonder the NRA is so strong! A nation that feels so threatened by government is not readily going to give up its guns. Psychologically, Pluto creates projections.

Neptune has also returned to a pivotal point. Its orbit around the Sun takes about 165 years which coincides with the “War between the States” as the southern half of the country calls it or the Civil War as it is called in the North. It was a time of a deep ideological schism concerning

race/slavery and an industrial evolution. What we look for with Neptune transits is illusion and delusion, utopia. Have you noticed how many movies relate to dystopian themes? Even the word 'dystopia' is thrown around in common conversation. This is a major psychological shift from a previous ideology, 'the streets are paved in gold,' to the feeling that the country is going to hell in a basket! In short, it is a spiritual crisis with a deep psychological shift. At the core of the nation is the collective unconscious feeling of fear and loss. What Neptune does is to evoke deep unconscious feelings on a collective level. Neptune rules addiction (and many are worried that pain killers have become the new addiction), feelings of being door matted, downtrodden, lost in the chaos. When that happens, together with Pluto, the collective rears its ugly head in the form of projections! Individuals know how this is: you hate what is buried in your own unconscious. For example, homophobic people are afraid they might be gay or could become one or want to be one. In other words, you project your own disfunction on others. Another thing Neptune does is to create the yearning for perfection. Utopia, Nirvana! The projection in this case is seen as an ideological movement for return to "the way things used to be" and romantic visions of utopia as redemption for the downtrodden. ISIS is a good example of this: go out and kill your enemy and you will go straightaway to paradise! Or on the other side, change the government straightaway so every one is taken care of (as they say, like in the European countries).

We have two icons of these projections: Donald Trump and Bernie Sanders and sadly both are escapes from reality. One blog I read calls Trump a Kewpie Doll and Sanders a superman grandfather! Two very different constituencies support them. On the positive side, it is the beginning of the grass roots movement which is

the only real way change will occur. And it looks like the Bernie supporters are getting involved in politics. Hillary Clinton is sort of "meh" because she works from within the system and doesn't promise a quick fix. She doesn't hold a projection of utopia as much as a projection for women who want more power but that is not a radical shift right now.

And finally the 3rd planet that is significant in this election is Saturn making a 29 year return in the US Treaty chart in the 10th house of the presidency! That was the election that put Ronald Reagan in office. Saturn returns are times when we review decisions made 29-30 years ago and either correct them or continue to improve them. Saturn is the task master of the Zodiac and holds our feet to the fire until we get it right. This is Saturn in Sagittarius, the zodiacal energy that rules religions, Justices, higher education and international affairs. Very current subjects, wouldn't you say? And the tenth house is also about big business and power brokers.

Bernie Sanders Chart

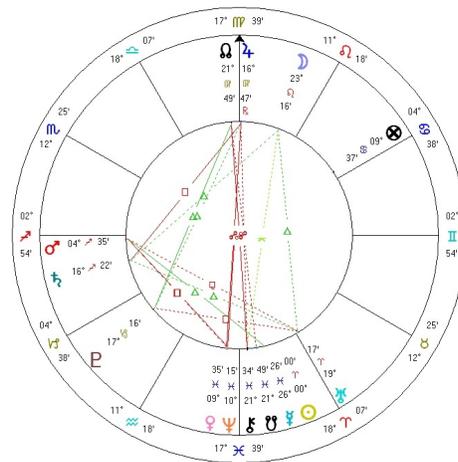
(Look for his chart on page 4.)

Bernie, who is going to be 75 in September, is Virgo with his Sun sign placed in the 10th house, as is Donald Trump's. This placement identifies leaders and the self-employed. Virgo is professional, detail oriented and service inclined. Bernie also has Neptune near his sun which makes him idealistic but practical as well. His Moon sign is Aries with a conjunct to Mars; the ruler of Aries giving him energy and strong managerial strengths. His Ascendent is Scorpio, the energy of transformation and insightful understanding of playing the political game. Altogether his energies are potentially very good for leadership. And although his chances to be elected president are slim, his Pluto Trine the Sun in the Fall indicates he will have a lasting effect on the electorate. Next issue I will look at Hillary Clinton's chart.

Autumn Calendar

Spring arrives on March 19 or 20 depending on which part of the country you are in. At this time, **Pluto** is making a station at 17° Capricorn. It will go retrograde on April 18th and remain so for this quarter. Pluto in Capricorn is the energy of transforming rigid and solid structures, whether they be physical, or mental or ideological. **Neptune** is currently direct but will turn backwards just before the summer solstice at 12° Pisces where it strongly influences our belief systems for better or worse. Neptune is not practical. It is artistic, poetic, ideological, but definitely NOT practical. **Uranus** currently at 19°

Aries Ingress
 Aries Ingress of The Sun
 Solar Return
 Mar 20 2016, Sun (10 secs)
 10:30:09 am EDT -4:00
 Washington, DC
 38°N53'42" 077°W02'12"
 Geocentric
 Tropical
 Placidus
 True Node



Aries travels to 23° Aries at the Summer solstice. In Aries, Uranus is in a big hurry to try the new, to explore, to rebel. **Saturn** goes retrograde on 25 March at 16° Sagittarius and will not be direct again until the summer. In Mundane Astrology the death of a Supreme court justice and the delay in ratifying a new one is pure Saturn in Sagittarius energy. **Jupiter** is still retrograde in Virgo and finally turns direct on May 10 at 13°. Mercury does not retrograde again until April 28th to May 22nd.

All these retrograde planets indicate a looking back, reviewing and correcting misapplied decisions. If the Solar system did not have these times of apparent backward motion, there would be no opportunities to reflect and adjust one's actions and viewpoints. Astrology is a holographic representation of the mind.

SPRING INGRESS CHART

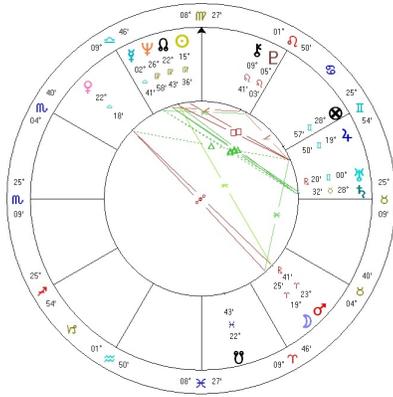
The Spring Ingress chart is an important mainstay of Mundane Astrology. This chart is calculated for when the Sun reaches 0° Aries. It sets the tone for the next 12 months. It is particularly interesting this year because of the presidential election in November. Mars is conjunct the Sagittarius Ascendent which indicates high energy among the people of the country.

Saturn is also in the first house and usually indicates delays, and frustrations, but also the conservative party in politics. These two planets together would seem to be at odds; one moving forward, the other not. Together they can be violent as repressed energies begin to express themselves. Jupiter which rules the more progressive party is

conjunct the midheaven giving it a stronger force as it makes a positive trine to Pluto in the 2nd house: Goals met and positive energy for the national treasury. Jupiter is conjunct Bernie Sanders's Sun Sign, which is interesting because current events don't seem to indicate he will get the nomination, but rather his influence will be long term. Venus and Neptune are conjunct in Pisces in the 3rd house of the press. There will be ongoing interest in marriage, but not always accurately portrayed. Actually, with Neptune placed here, any kind of reporting is suspect.

I think it is good that Pluto and Saturn are going retrograde since both of those planets are playing a big role in the US Treaty chart. Retrograde at this time could keep tempers to a minimum since we are seeing the potential for riots over the Trump situation.

Bernie Sanders
 Natal Chart
 Sep 8 1941, Mon
 12:27 AM EDT +400
 Broadton Heights, NY
 40°14'43" 073°W59'39"
 Geocentric
 Tropical
 Placidus
 True Node



Bernie Sanders Chart

The US Chart- if anybody is interested!

There are many Charts that have been erected for the birth of the United States. For example, the charts set for the Declaration of Independence with different times; the Sibley Chart; the Articles of the Confederation; and the Treaty at Yorktown to name a few. I use the Treaty at Yorktown and the time mentioned for the removal of all British troops. Why? Because this coincides with the actual birth, the cutting of the cord. The Declaration Chart is the *intention* but not the accomplishment of the intention. It is the difference between conception and birth.

Update! Recording Changes

In addition to doing readings on Skype which lets us see each other and record to a CD, I am also recording on my iPhone, and providing a CD. The way of the cassette is antiquated and so many of you don't have players for them anymore and certainly not in your cars. I encourage you to download the free Skype app and get someone to show you how easy it is to use, if you don't know already. It is so enjoyable to see your face when we do the readings! Doing this new stuff is nervy to me, too, but it's a great challenge to stay current

with all the new technologies.

Housekeeping (boring but necessary!)

Adano's audio and video tapes, CD's etc, are available **FOR FREE** to anyone who will send Paul an 64GB USB hard drive. There is no charge for this. But please respect Paul's commitment to archive Adano's work and to preserve it for future generations and to make it available to all his students. He has a job! So if you don't know how to use an iPod or hard drive, please find someone in your own environment to teach you. Paul simply does not have the time to do that for you. Merely send the hard drive and **include return postage**. The archives have been cleaned up as much as possible with today's technology. Paul is constantly reviewing tapes to see if the newest technology can improve them even further. It's an amazing body of work in Adano's own voice and unedited so that the videos and audios have his great energy unadulterated. If you have anything of Adano's that needs to be archived, send it to Paul.

In addition to Adano's website (adanoley.com), **Adano is now on Facebook!** Go to 'friends' request and type in Adano Ley. Also if you are needing some food ideas for Solar Nutrition, it, too, is on Facebook. Ask to be friends with Solaris Nutritionum.

My book, "Food and Mood" is now available on Kindle from Amazon.com and iBookstore. Find out about how certain foods, additives and vitamins affect your body. For the list of Solar foods, go to my web page, <http://lcircuit.com/solar-food-list> to download a free list and the 5 laws.

Look for the next issue of LC on June 21st!