

LONGEVITY CIRCUIT

Perpetuating techniques which contribute to a longevity lifestyle

ASTROLOGY LOOKS AT KARMA

“All the world's a stage, And all the men and women merely players; They have their exits and their entrances, And one man in his time plays many parts.” Shakespeare

Like any good astrologer would, recent events have driven me to discover birthdates and event times, to find out why things have happened as they have. Why this craziness in politics. some people acting like 10 year olds, an electorate that thinks emotionally rather than rationally; why this violence, why Orlando, why children and alligators, why hate, why, why why.

Some of those “whys” can be answered only by psychology. So as any good psychotherapist would do, I searched for some answers outside of astrology. For instance, some of the Trump allure can be explained by the fact that he is playing to one of the most powerful emotions in our economic life, what the behavioral economists call loss aversion. That is, people feel the pain of losses much more than they feel the pleasure of gains. Studies have shown that in general losing is twice as painful as winning is enjoyable. And exit polls have shown that almost 70% of Trump voters

have indicated that they are very worried about the economy, whereas only 45% of Democrats feel the same way. You can read more about this in the *New Yorker* magazine, in an article by James Surowiecki called “Losers!”

The aversion to Hillary Clinton also has psychological origins, She’s a woman! We live in a very left-brained, male dominated society and a woman as president seems a threat to many. Why? Again, an interesting article in the HuffPost by a well-known psychoanalyst believes it is

because we remember the power of our mother when we were most vulnerable. According to Ralph Greenson we must wean and separate ourselves to be come independent and self-reliant and to do this we disparage our mothers by devaluing them as emotional, unreasonable and inferior to men. It is believed that the origin of misogyny is worldwide, as is evident in Muslim countries.

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On the wall at LACMA - 3/16

But I had to turn to Astrology for understanding about the Clinton/Sanders conflict. So I compared their two charts. Bernie is a Virgo with a Moon in Aries and a Scorpio Ascendent. Hillary has a Scorpio Sun AND a Scorpio Ascendent with a Moon in Pisces. Those mutual Scorpio Risings remind me of an incident I witnessed when I lived in Mexico. The houseboy had discovered two scorpions behind a picture frame, facing off to each other. They didn't move and seemed to be totally unaware of human discovery, They remained that way until Jorge killed them! For all I know that would have remained that way forever. Two Scorpions get into a power play unlike any other sign in Astrology. Another combination that does not do well, is an Aries Moon with a Pisces Moon! He wants to call the shots and she plays nice but does what she wants! The kicker however between these two formidable, capable individuals is the Karmic connection I found! Hillary's Moon conjuncts Bernie's South Node! From *The Astrology of Human Relationships*:

This comparative combination indicates differences in values regarding popular trends fads, social beliefs, and economic policies. The node individual is likely to consider the moon individual as superficial and blindly following the current vogue, while the moon person may regard the node individual as negative and antisocial. The node individual can be emotionally repressive towards the moon individual.

This was written in 1987 and sounds so current when discussing these two politicians. Karma would also add, since the Moon is Mother that these two people have been together before! One, of course, being the Mother and the other wanting to discredit her in search of maturity!

Now let's look at the Karma for Trump. Right away I saw that he has the north node conjuncting his Sun in Gemini. This unusual energy indicates a person who needs to express himself in order to find his true identity despite strong family obligations. And to do it often means doing it publicly, offering a message which needs to be heard by many. To compound the situation, Trump, who was born during a full moon, therefore has the Moon conjoining the South Node! This is a very emotional energy indicating that Trump needs to let go of his emotional baggage, to forgive and forget. Once done, the road ahead is easy.

Now add in Bernie Sanders' Jupiter which conjuncts Trump's North Node and Opposes his South Node! They can work well together with Bernie's Jupiter teaching Trump a long range historical perspective! On the other hand, Trump shows Sanders popular trends. This is a very Karmic association indicating that one of them, probably Sanders has been a religious or educational teacher for Trump in a past life. The North Node is where we are going, and the South Node is where we have come from. If you are a Hillary fan, Bernie is keeping the flame afire for Trump. And his best help for her would be to step out of the picture.

Hillary figures karmically with Trump, too! Her North Node conjuncts his midheaven indicating a past life of working in the public sphere together, often with conflicting goals. She may even have been married to Trump. So you see, the three of them have known each other is a previous lifetime. Now is their chance to redeem relationships gone wrong.

Summer Calendar

This year the Summer Solstice is ushered in with a Full Moon. This astronomical event was celebrated by the Druids and Celts because it is the longest day of the year and thought to be the most fecundating! Time for revelry, abundant crops and making babies!

We have 4 planets retrograde as we enter this quarter: Mars, Saturn, Neptune and Pluto. **Mars** has been retrograde for nearly the entire past quarter and backtracked from Sagittarius to Scorpio where it is most difficult. This visible planet retrogrades only every 2 years. It's a personal planet since it can be seen with the naked eye, and therefore can have either a negative or a neutral effect in a person's chart depending on where it is located. Negatively it causes repressed anger, inability to act, fatigue, and listlessness. In Scorpio the negative energy has been intensified. It goes direct on the last day of this month and hopefully, the forward motion will mitigate so much of the hatred and anger we are seeing in recent weeks.

Saturn gives us no help either: it, too, has been retrograde in Sagittarius and will not turn direct until August 13 at 9° Saturn. It is not any happier in Sag than Mars is in Scorpio! It dampens the enthusiasm and positive attitude inherent in Sag energy. It is likely one reason that so many people are paranoid and negative about the state of the country economically and politically and why a new S.C. Justice has not been selected. Even when Saturn goes direct it will not do much to raise people's expectations. (There is a point here that I want to make. The meaning of astrology to me is to determine what energies are

moving thorough one's chart so that one can use them, rather than being used by them. Energies are not a punishment, but a challenge, an opportunity to make more of oneself. So the message that Saturn in Sag gives us is to have realistic attitudes toward life, and that means to take one day at a time.)

Neptune just went retrograde a few days ago. Since it is traveling through the U.S. chart's 1st house which represent the people, it indicates the opiate addiction that has hit the white population, with the help of Big Pharma and western medicine. With the retrograde we can hope that this condition will be resolved. There are many kinds of addiction, to drugs being only one of them. This is a good time to do an assessment of addiction in your own life.

Uranus is retro in the US chart money house: the 2nd which also rules resources and tangible assets. Hopefully the retro here would encourage Congress to be more responsible about budget and expenditures. Or, there could even be a new discovery that yields positive monetary gain. And of course, **Pluto**, the fascist is retrograde, too, This amazing planet whose terrain yields the most interesting pictures stays retro nearly half the year. We could easily blow our brains out if it didn't! It is still in the US chart's 11th house which rules legislation. It tells us Gun control and warfare are big issues for Congress.

Despite all the research I did, I could not find a reason why so much violence occurred in Orlando. There is a Pluto line going through Florida but no emphasis on Orlando. I'll keep looking. You look for L.C. in September. Happy Summer!!



These beautiful primroses from our backyard remind us of the beauty inherent in the Universe! With so much hate, paranoia, and suffering around the globe, it's a nice change to share something beautiful to make a contribution to peace.

“If it's God's will be done, and if it's God creation, then God's will and God's creation is one great, giant predetermination, but it's free will at the same time. Looks like a paradox, but it's not. It's the understanding of what makes it free will, predestination, acting as one, which is liberation.” — Adano Ley

Update! Recording Changes

In addition to doing readings on Skype which lets us see each other and record to a CD, I am also recording on my iPhone, and providing a CD. The way of the cassette is antiquated and so many of you don't have players for them anymore and certainly not in your cars. I encourage you to download the free Skype app and get someone to show you how easy it is to use, if you don't know already. It is so enjoyable

to see your face when we do the readings! Doing this new stuff is nervy to me, too, but it's a great challenge to stay current with all the new technologies.

Housekeeping (boring but necessary!)

Adano's audio and video tapes, CD's etc, are available **FOR FREE** to anyone who will send Paul a 64GB USB hard drive. There is no charge for this. But please respect Paul's commitment to archive Adano's work and to preserve it for future generations and to make it available to all his students. He has a job! So if you don't know how to use an iPod or hard drive, please find someone in your own environment to teach you. Paul simply does not have the time to do that for you. Merely send the hard drive and **include return postage**. The archives have been cleaned up as much as possible with today's technology. Paul is constantly reviewing tapes to see if the newest technology can improve them even further. It's an amazing body of work in Adano's own voice and unedited so that the videos and audios have his great energy unadulterated. If you have anything of Adano's that needs to be archived, send it to Paul.

In addition to Adano's website (adanoley.com), **Adano is now on Facebook!** Go to 'friends' request and type in Adano Ley. Also if you are needing some food ideas for Solar Nutrition, it, too, is on Facebook. Ask to be friends with Solaris Nutritionum.

My book, “Food and Mood” is now available on Kindle from Amazon.com and iBookstore. Find out about how certain foods, additives and vitamins affect your body. For the list of Solar foods, go to my web page, <http://lcircuit.com/solar-food-list> to download a free list and the 5 laws.