

LONGEVITY CIRCUIT

Perpetuating techniques which contribute to a longevity lifestyle

The Saturn / Pluto Conjunction

Even though these two formidable planets do not make an exact conjunction until January 2020, we are already feeling their combined energies and will continue to do so for a couple of years. Much of the horrors of the political scenes around the world, including our own, are the result of the negative energies of these two planet archetypes. So the more educated we are about the effects of these difficult energies the more we will be able to work with them in a positive way. Astrology, whether viewed as physical or holographic, does not exist to destroy us but rather to enlighten us and help us grow to our full potential.

Let us look first at Pluto, the planet furthest from the Sun. Astrology does not care if it is a planet, planetoid, or one of the many objects circling the Kuiper belt. Astrology is only interested in the universal symbol that Pluto represents. Carl Jung, the Swiss psychiatrist once drew a diagram showing how each planet fits into the psyche. Pluto, he said, was the the energy representing the deepest part of our psyche, the collective unconscious, and has the ability to regenerate. So anytime we have a significant Pluto transit, its effects show up around the world, giving the opportunity to change. The



energy of Pluto brings into play providence or invisible forces or powers. At its best it manifests as our unconscious powers and at its worst, it is ruthless, coercive, fanatical, and agitating. All of this we are seeing currently in political systems around the world. And when Pluto is in Capricorn, as it is now, it acts like the dictator, at the same time it creates the need for independence.

Saturn is no piece of cake either! It is called the taskmaster or teacher for good reason. It gives structure, concentration, and perseverance. Saturn is in Capricorn, too, its

“home.” At their worst, these two combined energies are hard and unfeeling, cold-hearted, severe, violent, fanatical, and together can create cruelty and violence. At their best they are enduring, tough, and able to perform the most difficult work with extreme self-discipline, even self-denial and renunciation. They can even be Magicians and Adepts. Does any of this ring a bell? You can see why we have become a divided nation, even world, with such a high

incidence of violence, racism, and sexism.

Trash, and specifically plastics, is an obvious example of the Saturn / Pluto conjunction. Pluto rules trash and Saturn concentrates it, causing

miles of trash consolidating in the the middle of the ocean, and Saturn is also the taskmaster asking what are you going to do with it. Some of the positive outcomes are cities stopping use of plastic bags, one use plastic, and recycling.

Obviously Donald Trump is a big player, the catalyst, in the unpleasant political side of this conjunction. I've looked at his chart before in this newsletter, but recently looking at it again I discovered something new: his Nodes. (No, that is not a typo!) Nodes are arbitrary positions located using the relationship (in this case) of the moon and its two intersections with the ecliptic. Hence we have a north and a south node. I have travelled much of the earth researching astrology and have found that all astrological systems have the nodes included but by different names. Since this is a difficult mathematical calculation understood by earliest man (we found evidences of astrology is caves 20,000 years old) it is one of the reasons I believe that the science of astrology came in one fell swoop by some, as yet unnamed, force. (As an aside, why do people worry about artificial intelligence since we have already been thoroughly A. I.'ed!!)

What is the archetypal meaning of the nodes? The North node is considered positive, what you need to accomplish in this lifetime, the South Node represents your past life and what you did. In a healthy life, a person leaves the South node behind and moves into the North Node. Ideally the North Node brings adaptability, fellowship, and alliances in the presumed endeavor. The President was born during a Full Moon With the North Node conjuncting his Gemini Sun in the 10th house and his South Node conjuncting his Sagittarius Moon in the 4th. Already we know that the downside of Gemini is changeableness, possibly bipolarity, needing stimulation for both sides of the brain. When the opposites are united, the

Gemini can be brilliant, but until then there is evidence of mental unreliability. In Trump's case his Nodes indicate a childhood flooded with a hyper reality based on unrealizable expectations, at war with the inability to adapt and focus. Also flooding his Nodes with energy are Uranus and Mars. Sadly he could be extremely perceptive and even brilliant, but is unable to overcome the emotional childhood dysfunction. People rarely change after the age of 50, so I doubt we will see any change with Trump.

But what does the next year hold for him? It's really pretty interesting. The Saturn / Pluto conjunction trines his midheaven which is extremely powerful and life changing. Does this mean he continues as President, or that he finds another venue to express his need for power? Other transits give us additional clues: Pluto also makes very difficult aspects to other planets indicating extreme difficulties at work, and desire to walk away, Neptune transits indicate confusion about goals, rights being eroded, and Uranian transits indicate emotional confusion and upsets. There are also many difficult Saturn transits. He has 5 progressed planets in his 12th house (of self-destruction, illness, and incarceration) which is rare and at the least shows unconscious dysfunction and possibly worse.

Is there a spiritual reason for this? I believe so. The Saturn / Pluto conjunction has opened our eyes to the myriad problems facing our country and our world. Democracy, itself, is being questioned. A more benign intelligent President might have continued to put bandaids on our situation rather than courageously attending to them. Trump has forced our hands. We must take a stand, vote, and trust the will of God to direct us in the right direction. We are heading toward the Golden Age so the outcome must be good!

Spring Calendar

Ahh, the longest day of the year is upon us! Cause for celebration as it has been for millennia. But what does the Summer hold for us astrologically? We have 3 outer planets retrograde: Jupiter, Saturn, and Pluto, and



tomorrow, Neptune will join the backward look. This is probably a good thing. When there is so much division, discension, and hatred, things traditionally get worse in the heat. The tendency for violence from the Saturn / Pluto mix is mitigated by the retrograde giving those who govern a chance to review and reconsider. In the U.S. Treaty chart, this combo is in the house of mass meetings and associations. And we have seen quite a few rallies in the last year or so in many areas of policy.

Once a year Jupiter retrogrades, as it did in April, giving all a chance to review. It is usually considered the fortunate planet, but actually does have a negative side: excess, which we have seen a lot of in recent years. The retrograde slows things down.

Neptune will join the group tomorrow. Neptune has been in the first house of The People for many years and explains much about the current electorate. Neptune rules confusion,

deception, seduction, self-undoing, and fraud. The opiate crisis and people who are easily influenced by others are good examples of Neptune gone wrong. On the positive side, Neptune speaks of kindness, altruism, and spirituality and here we see the “pay it forward” groups and the likes of Ellen Degeneres whose charity work is famous and copied. Neptune retrograde gives another chance for review. Also Neptune is in its home sign of Pisces, as is Saturn in its own sign of Capricorn, bringing out the best and the worst of these two energies.

In July we have a Mercury Retrograde from July 8-31. It begins at 4 degrees of Leo and ends at 23 degrees of Cancer. Besides the usual travel problems, areas of difficulty could also concern entertainment and home situations. You know the drill: review, reconsider, and don't be in a hurry.

In August, Uranus in Taurus joins the backward looking bunch on the same day that Jupiter turns direct again, August 12. Jupiter says, “Full speed ahead” and Uranus says, “Don't jump the gun.” Well, that's no fun. But Uranus is not so happy in Taurus anyway. Taurus is the earth, slow and plodding, and Uranus is the sky, the unseen energies. One is practical, the other



revolutionary. Ironically, this retrograde could be very useful as these two diverse energies find a way to work together.

And finally in September, just before the Autumn equinox, Saturn also turns direct on the 18th giving the opportunity to make realistic and practical decisions without so much of the influence from Pluto and Neptune, and together with the direct Jupiter, good for the economy. And on September 21, be looking for the next issue of Longevity Circuit.

Update! Recording Changes

In addition to doing readings on Skype or FaceTime which lets us see each other and record to a CD, I can also provide an MP3 electronically. The way of the cassette is antiquated and so many of you don't have players for them anymore and certainly not in your cars. Even CDs are rapidly becoming obsolete! I encourage you to download the free Skype app (or use FaceTime which is already included with every iPhone, iPad, and Mac computer) and get someone to show you how easy it is to use, if you don't know already. It is so enjoyable to see your face when we do the readings! Doing this new stuff is nervy to me, too, but it's a great challenge to stay current with all the new technologies.

Adano Audio and Video Recordings

...are available FOR FREE to anyone who will send Paul a 64GB USB flash drive. There is no charge for this, but if you don't know how to transfer it to your phone or computer, please find someone in your own environment to teach you. Merely send the USB flash drive and include return postage. The archives have been cleaned up as much as possible with today's



technology. Paul is constantly reviewing tapes to see if the newest technology can improve them even further. It's an amazing body of work in Adano's own voice and unedited so that the videos and audios have his great energy unadulterated. If you have anything of Adano's that needs to be archived, send it to Paul.

In addition to Adano's website (<https://www.adanoley.com>), Adano is now on Facebook (<https://www.facebook.com/adano.ley>)!