
LONGEVITY CIRCUIT

Perpetuating techniques which contribute to a longevity lifestyle

The Moon

Have you ever noticed that wherever you are in the world, the Moon looks the same? Here in Santa Fe at 7500 ft, the Moon looks exactly the same as it does at sea level in Bermuda, or near the North Pole in the Outer Hebrides, or in the Sahara Desert of Africa, or close to the South Pole in Ushuaia in Southern Chile. It's because the Moon travels around the Earth in a regular fashion, showing the same face to the observer no matter where they may be. The Moon is a very physical presence. Women menstruate according to its energy as do the oceans tides ebb and flow. It influences the timing of planting crops and it tells time in a general way as every full Moon indicates another month has passed, more or less. Even surgeons know that there is greater chance of blood loss during a full Moon. And of course, we can't forget that a couple of guys from the US hit a golf ball on it, so we know it really exists!

When we look at a person's astrological chart, after looking at the ascendant to see one's physical presence on the planet, the second thing we look at is a person's Moon sign and placement because we feel the Moon's presence immediately at birth. A child may cry, push the blanket away, be docile, etc, ...all emotional demonstrations. Pediatricians have told me that children are born with personalities. That's because the time and place of birth show that we are products of our environment and the placement of the Moon tells us how a child will emotionally react to it. It is not until one approaches the age of 30 that one's Sun sign comes into its own.



Traditionally, the Moon indicates the Soul and the female principle. That is because the Moon symbolizes the womb out of which all life comes. It is the container; it is unconscious (but that is not to say that as we mature we all attempt to discover our unconscious motivations). Besides one's emotional potential, the Moon in astrology tells us a lot more: about one's mother or the nurturing parent, how we nurture ourselves, home life and family, one's wife or kind of wife one would be, one's heredity and culture and impressionability and attitudes. Physically it can affect body fluids, blood, the lymph, and childbearing. We also know there is an emotional component behind every illness. Because it is the container out of which all life comes, the Moon can indicate psychic ability and intuition. And in mundane astrology (political astrology) the Moon rules the People. However in a time such as we live in, with a divided and militant electorate, the Moon is definitely not the ruler of the People in terms of politics, then the Moon refers to people as a group in general. For instance, you could say the Moon rules the People in terms of the Covid virus, since all are affected the same.

It is worth mentioning that the Moon is a much undervalued energy/archetype in our culture which is so heavily weighted to the left brain. Here sexism is still rampant and creative cultures are devalued, money which is ruled by the Sun is the number one desire while self-knowledge and emotional maturity are minimized.

A Brief Look at the Moon in the Signs

If you have a copy of your chart, read not only the constellation in which your Moon is placed, but also look at the House in its natural order. That is, the first is naturally the Aries house, the second the Taurus house, etc.

ARIES or House 1 - Strong and impulsive emotions, wanting to be in charge; a strong personality. Hot

TAURUS or House 2 - This is the exalted position of the Moon. A life about learning about love. Art.

GEMINI or House 3 - Loquacious; changeable moods; multiple interests or at least two.

CANCER or House 4 - Warm; love of family; teary; Often timid;

LEO or House 5 - Creative; warm; ambitious; love of luxury; generous;

VIRGO or House 6 - Professional; detail oriented; judgemental; practical; serviceful.

LIBRA or House 7 - Obliging; dependent; like Taurus, Venus ruled so artistic or appreciative of art and style.

SCORPIO or House 8 - Emotional ups and downs; intense; truth seeking, hubris.

SAGITTARIUS or House 9 - Idealistic; know-it-all; generous; inconstancy.

CAPRICORN or House 10 - Repressed; doesn't express feelings; enduring, responsible; practical.

AQUARIUS or House 11 - Needs freedom and independence. Sees things differently; often brilliant.

PISCES or House 12 - Easily influenced; moody; feelings of inferiority; takes path of least resistance.



Recording Changes

In addition to doing readings on Zoom, Skype, or FaceTime which lets us see each other, I can provide an MP3 electronically since CD players are rapidly becoming obsolete! I encourage you to download the free Zoom app (or use FaceTime which is already included with every iPhone, iPad, and Mac computer) and get someone to show you how easy it is to use (if you don't know already). It is so enjoyable to see your face when we do the readings! Doing this new stuff is nervy to me, too, but it's a great challenge to stay current with all the new technologies.

Spring Calendar

It has been a rough winter almost everywhere this year, so the coming of spring is especially anticipated. This year the Vernal (Spring) Equinox falls on March 20th. Now the days and nights are equal in length when the Sun shines directly on the Equator. Here in New Mexico, the daylight is 11 hours and 33 minutes! And daylight will continue to lengthen as the axis of the planet appears to tip toward the Sun until the Summer Solstice.

It's rare but none of the planets are retrograde as we move into Spring and won't be until the end of April the 25th when Pluto makes a station at 26° Capricorn and will remain there until the end of this quarter. That difficult triad of Pluto, Saturn, and Jupiter is over folks and now Pluto stands alone for good or for difficult depending how this energy is located in your chart. This planet can accomplish very difficult tasks or projects on the positive side, but conversely can be used for cruel and determined self interests such as the activities of the so-called Republican activists: using violence to accomplish personal advantage. i.e. Storming the Capitol.

Neptune is particularly interesting now, and has been ever since it moved into its own constellation of Pisces in 2012, giving it greater strength. It will remain there until 2025. It's very hard to describe this planet in a few words as it expresses all those things that are ephemeral and seemingly unreal. It can heal and destroy, be meditative and deceptive, for example.

Remember, the glyph depicts two fish traveling in opposite directions but held together by a silver cord. It is a very complex archetype. Right now and for many years, Neptune is traveling through the first house of the U.S. chart, which

in Mundane astrology rules "the people." Neptune, being "at home" in Pisces, has an ease to perform for good or for bad. It is one reason why we have so many conspiracy theories that people so easily believe. And like a school of fish, people congregate together to believe them! Neptune is the tiny drops of water that become the small stream, becoming the river that seeks the ocean but meanders and veers wherever there is an obstacle in its way: at first a leaf, then a stone, a stick, etc, gradually gaining momentum to



lose itself in the sea. This is why Neptune and its ruler Pisces rule meditation, self-undoing, door matting, and healing! It's a very complex energy which right now is showing itself to a large segment of the population as gullibility. Why does such a large percentage of the American public believe a conspiracy theory written by an unknown person who calls himself "O?" And gullibility is one of the reasons that as a nation we are losing so much of our privacy. We are constantly tracked by all the apps we use: Facebook, Spotify, Reddit, etc. making us vulnerable to vested interests who want to sell to us. Yet we do nothing to stop it. We are complicit: a perfect Neptune outcome! To read more about this here's [a good article](#) in a comprehensive blog on the subject.

Uranus is in Taurus since May 2018 and will be there for a total of 7 years. Uranus is still in the 2nd house of money in the US chart but will be leaving soon. And the stock market has reached amazing new highs, despite the Virus! Uranus's glyph is a woman pouring out water, bringing change and new ideas. It is revolutionary, independent, and sudden. Aquarius is the natural home of Uranus and we are told that we are in the Age of Aquarius which will bring brotherhood and peace to our world. We are far from that now and indeed it will take 2000 years to bring that about. But for now, with Uranus in Taurus we are looking at financial and monetary changes. The phenomenal rise of Bitcoin is a good example as is the millions of dollars sent gratis to families due to Covid. Uranus will transit to 13° Taurus by the end of this quarter.

Saturn and Jupiter are both in Aquarius right now. Saturn, the inhibitor, the builder, the realtor, will get to 13° in May when it will turn retrograde. Saturn and Uranus are in a loose square which we are seeing in the political sphere with the frustrating differences in Congress. Jupiter on the other hand, the planet of expansion, religion, and law is in its fast phase and will temporarily enter Pisces on May 23rd. It will retrograde at the end of this quarter and move back into Aquarius. It is a frustrating time politically as Biden works quickly to make changes while Congress slows things down.

Our next Mercury Retrograde occurs on May 29th at 24° Gemini, Mercury's home. As usual, rather than make hard and fast decisions, do some research, be pliable, think things through. And if you must travel, then be prepared to adapt and change.

ON JUNE 22nd WHEN THE SUN ENTERS CANCER, BE LOOKING FOR THE NEXT ISSUE OF LC.

The Manual of Practical Astrology

I have a few of my astrological books left. They are \$10 plus postage and those who took my class thought they were very helpful.

Adano Audio / Video Recordings

After 20+ years of collecting, transferring, cleaning up, and archiving Adano's videos and audios, they are now ALL available online for the first time on Adano's YouTube page.

It's an amazing collection of over 300 Adano Satsang audios and videos! Some of these recordings go back to the 1960s and we received them over the decades on reel-to-reel tape, cassettes, and VHS video tape, sometimes in very poor condition. They have been cleaned up as much as modern audio restoration technology will allow and some are of excellent quality so you can hear His voice, His laughter, and His wisdom in our world today.

Your own copy of the Adano archives is also available, just send Paul a 64GB USB flash drive and include return postage. The archives have been cleaned up as much as possible with today's technology and Paul is constantly reviewing the newest technology to see if they can be improved even further. It's an amazing body of work in Adano's own voice and unedited so that the videos and audios have his great energy unadulterated. If you have anything of Adano's that needs to be archived, send it to Paul. In addition to Adano's website, Adano is also on Facebook.

Reminder: An archive of all Longevity Circuit newsletters for the past 33 years are available on my website!