
LONGEVITY CIRCUIT

Perpetuating techniques which contribute to a longevity lifestyle

Welcome to Fall!

What a summer!! Here in Santa Fe we narrowly missed 100° at our house! How rare to be 8,000 ft above sea level in the mountains and get that hot. In all the years I've lived in Santa Fe, it has never been that hot before and what a difference it made in the garden. So what is going to happen now? Weather is very hard if not impossible to predict, not even with Astrology. Man has never learned to control the weather, other than by abusing the planet and suffering the negative consequences. I have 3 predictive apps on my computer and they never agree and none is more accurate than the other. Earthquakes are another phenomena that are virtually unpredictable, although many astrologers have tried. Perhaps it is because Astrology works best when it is understood to be representative of the human psyche and its archetypes. It reminds me of an Astrologer from England who was working early in the 20th century, around the 1930's. He noticed so many of the charts of the people he was reading for had major upheavals and traumas and consequently he suspected that war was imminent. Sadly he was correct.

A lot of the people I've been reading for since the onset of Covid have also had charts that indicated irrevocable change. It's because Uranus is traveling through the constellation of

Taurus which is the earth symbol: The Foundation, Stability, Tangible. But Uranus is disruptive, unexpected, original, and the ruler of the so-called Aquarian Age! And wasn't that supposed to be all sweetness and Light and Love to be the promise? Instead what have we actually got? Call it what you want, it's not a pretty picture. I read 5 news apps online every morning and no matter their slant, it's all negative. Uranus won't turn direct until January and makes a long station at 19° Taurus.

Another reason for this difficult time is because not just Uranus but all the big planets are retrograde. Retrograde or backward movement of a planet is an illusion caused by the changing distance of a planet in relation to Earth as both revolve around the sun at different speeds and different orbits. The ancients used the term "retrograde" to describe this illusion as a "step backward." That's well put, for it gives one the time to rewind, review, and reevaluate, but that is not an easy thing to accomplish when all the outer planets



are retrograde at the same time! Starting in early May, each month one more planet seemed to turn backward and this month, September, all 6 are retrograde! So don't be surprised if you feel uncertainty, brain fog (not from Covid), and be willing to watch your awareness of a changing world. Remember that you mind is assimilating

the recent past and your understanding of it so look to your environment for clues assisting you. Basically it's like we are in a waiting pattern, warming up if you will, for something big to happen.

Another troublesome energy is Saturn in Pisces, the worst place for it to be. The symbol for Pisces is two fish traveling in opposite directions but tied together with a silver cord. Pisces is the best and the worst of us, it rules sickness and hospitals, lies and truth, and the drop of water that loses its identity in the ocean. It also rules mental illness and sanity, meditation and Hollywood (just to name a few of its indescribabilities) and Saturn is miserable in that environment. Saturn is the teacher of doing the right thing, the school master, our spine and bones, and the structure of a skyscraper! It rules time and, bent by Pisces, Daylight Saving Time lasts for 8 months now, Christmas appears in stores in early September, and Halloween in August! For example, how many news items are revolving around Lies? How many people think they know it all? Even Hollywood is undergoing a huge strike and future change. And how about the confusion about Covid, the opiate crisis, the immigrants trying to get into the U.S., etc, etc, I know you can easily add to this. Saturn returns to 0° Pisces and makes a station and turns direct on November 4th. After this is when there can be resolution or change to issues encountered during the retrograde period. There are a lot of legal issues that need to be resolved and it will be interesting to see which factions of our government are the Saturn leaders! Please scroll down to see the chart of Sam Bankman-fried, a perfect example of Pisces gone wrong.



**An Ant Carrying a Cricket
(if he can do the impossible, so can you)**

Pluto will be the first planet to go direct on October 10th, after having been retrograde for about 5 months. Pluto is always a difficult planet, retrograde or not, because it teaches one about polarity. It's the farthest from the Sun and brings life changing challenges. A tiny planet that carries a big bang, it brings us to our knees or wakes us up to grow. At its worse it is hubris. It has been retrograde for a long time allowing those in public office to do a great deal of research regarding issues that seem to be

illegal. I expect that we will begin to see the outcomes of these many issues soon.

As I already said, Saturn is the second to go direct on November 4th then Neptune turns direct on December 6th. Neptune has been in its own sign for 11 years and will be for another 2 1/2 (2/2012 to 4/2025). Neptune is at home in Pisces and has brought significant change: Donald Trump, the Covid epidemic, the huge political divide, misinformation and disinformation to name a few. It remains to be seen if a direct Pluto and Uranus (which goes direct in January) can restore some sanity to the planet. Jupiter and Uranus remain retrograde throughout the rest of the year.

A Pisces gone wrong

Sam Bankman-Fried has fascinated me ever since he was arrested. He is a good example of the retrograde planets. First his name personifies him (or did his name make him who he is?). He is a double Pisces with Mercury conjunct his Moon. What an imagination and fast talker! Now Neptune is conjuncting his Moon and Pluto is sextiling it. He believes he

has done no wrong, or does he?? Since he has given millions to his parents and yet claimed bankruptcy, it's hard not to see his parents as enablers. And by the way, he is "exiled" to his parents home . Too bad he can't stay in the \$16m home in the Islands that his company bought! Poor Sam!

This biography is from Astrodienst

American entrepreneur, investor, and alleged fraudster, also known by the initial SBF. On 3 January 2023, Bankman-Fried pled not guilty to fraud and other charges. Bankman-Fried was the founder and CEO of the cryptocurrency exchange FTX and associated trading firm Alameda Research, both of which experienced a high-profile collapse resulting in chapter 11 bankruptcy in late 2022.

Prior to FTX's collapse, Bankman-Fried was ranked the 41st richest American in the Forbes 400, and the 60th richest person in world by The World's Billionaires. His net worth peaked at \$26 billion. By 11 November 2022, amid the bankruptcy of FTX, the Bloomberg Billionaires Index considered his net worth to have been reduced to zero. Before his wealth evaporated, Bankman-Fried was a major donor to political campaigns, donating mostly to Democratic candidates and claimed that he planned to spend around \$1 billion in the 2024 U.S. presidential election.

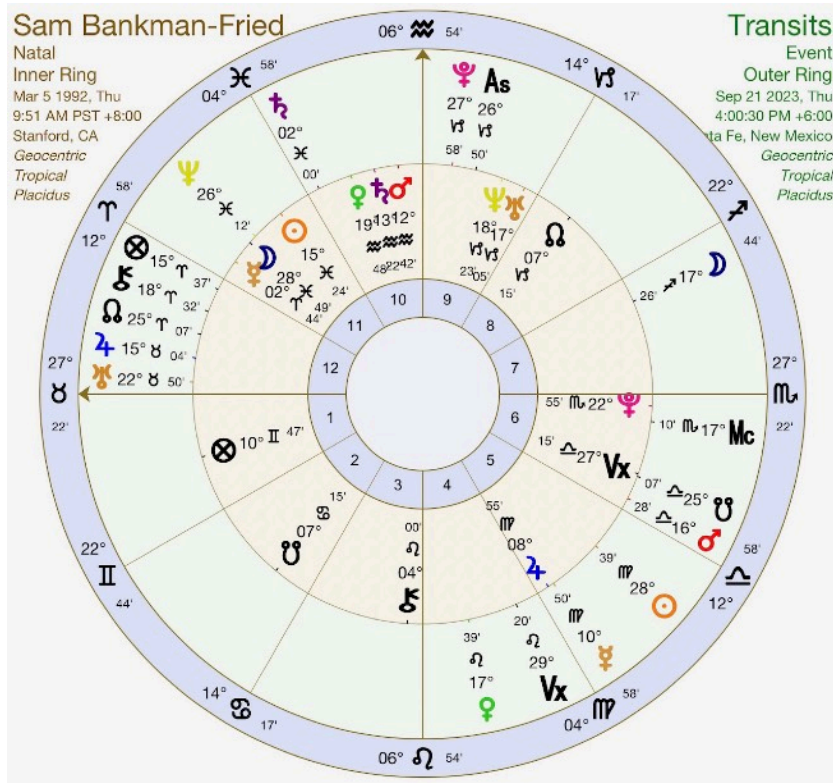
On 12 December 2022, Bankman-Fried was arrested in the Bahamas and was subsequently

extradited to the United States. An indictment of him before the U.S. District Court for the Southern District of New York was unsealed on 13 December, revealing eight criminal charges for offenses including wire fraud, commodities fraud, securities fraud, money laundering, and campaign finance law violations; Bankman-Fried faces up to 115 years in prison if convicted on all eight counts. An additional 4 charges were announced in February 2023. On 22 December, Bankman-Fried was released on a \$250 million bond, on condition that he reside at his parents' home in California.

Born on the campus of Stanford University into a Jewish family, he is the son of Barbara Fried

(born 10 November 1951), A SCORPIO and Joseph Bankman (born 15 August 1955), A LEO, both professors at Stanford Law School. His aunt Linda P. Fried is the dean of Columbia University Mailman School of Public Health. His brother, Gabriel Bankman-Fried, is a former Wall Street trader and the former director of the non-profit Guarding Against Pandemics and its

associated political action committee.



“Our republic should learn this lesson, for we might one day vote into power a hero who wins a giant TV trivia contest and educate our children to believe the Information Superhighway is the road to knowledge. If one clue to psychopathy is a trivial mind expressing itself in high-sounding phrases, then education emphasizing facts rather than thinking, and patriotic, politically or religiously correct “values“ rather than critical judgment may produce a nation of achieving high school graduates who are also psychopaths.”

(A prophetic quote from James Hillman's book *The Soul's Code* which was written in 1997 when Pluto had gone into Sagittarius.)