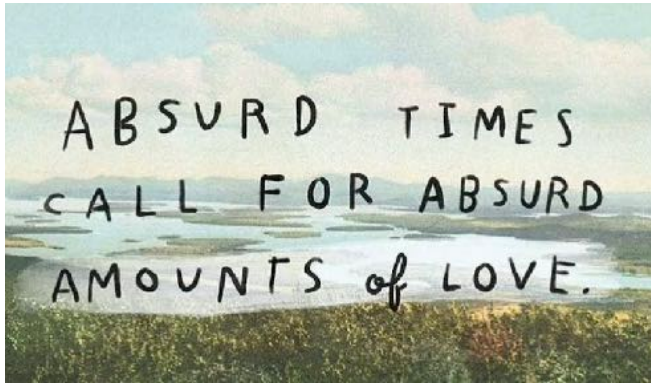

LONGEVITY CIRCUIT

Perpetuating techniques which contribute to a longevity lifestyle

LOVE...

The morning after the presidential election, I received a number of messages like this:



I thought “Wow!” What a completely new reaction despite the fact that half of the country was in despair. We are living in troubled times, our country is divided and neither side is willing to compromise. Many individuals are depressed and disappointed. Politicians appear to be dysfunctional and yet still popular. And it isn’t just in this country. Man’s inhumanity to man is rampant yet we’ve been told that we are entering the Aquarian Age, the Age of peace and love. Everyone agrees that it takes at least 250 to 300 years to transition to a new age and the changes that occur during a new age take hundreds and hundreds of years — in other words we're not going to wake up

one day and just find a completely different world. Everyone's consciousness has to be raised and we all have to contribute our talents to the transformation.

What does Astrology tell us? The planet Pluto has entered Aquarius for the first time since the Revolutionary War of 1776. Since none of us alive now has ever experienced Pluto in Aquarius we must look at history to give us some insight, but first let’s review what Pluto and Aquarius represent. Pluto symbolically means revolution. Dictionary.com defines “revolution... as an overthrow or repudiation and the thorough replacement of an established government or political system by the people governed.” And in sociology, “a radical and pervasive change in society and the social structure, especially one made suddenly and often accompanied by violence.” And that is exactly what is happening now. The archetype for Aquarius is humanitarian and revolutionary, when these two forces come together as they have now, change must happen. Reviewing the Revolution of 1776 we see that is exactly what happened then. It was a war of rebellion against the governments of the time as the colonists asked for a more humanitarian way of life.

Is now any different? The disparity between the haves and the have-nots is unprecedented, but what we are also seeing

is hatred, the Democrats hate the Republicans and vice versa. Trump has made it public that he wants to get back at people who have opposed him, gunmen shoot those they disagree with or hate, the Jews hate the Muslims, the Muslims hate the Christians, whites vs. blacks, men vs. women, it goes on, ad nauseam. And, in the 1776 conflict there was somewhere to go to get away, now there is conflict all over the planet and the only 'away' options are the Moon and Mars, but neither is very practical with our limited knowledge of their life conditions.

Since we can't run away, we must change, but how? The 'hippies' knew and sang, "What the world needs now is love, pure love..." That is the revolution we are in now: the need for a more humanitarian world, the need for love.

But what is love? We say "I love ice cream, I love this book, I love my house, I love my children, I love my dog, I love Jesus, I love tennis, etc." So what is love? There are many kinds of love: familial (protective, instructional), Brotherly (friendship and kindness), Marital (intimacy and devotion), and religious (adoration). In astrology the archetypes to suggest love are the Sun, Venus, and the Moon.

THE SUN. The symbol of the Sun represents one's basic characteristics. It is our potential, it is who we can be. (But remember that we are a compendium of all the planets and the nodes.) We are a potential of animated energy with the challenge of being the best we can be. Some will mature, some will spoil. That is the

script and our Sun sign makes a big difference on how we relate to the energies of the Moon and Venus.

THE MOON. The archetype of the Moon describes how we FEEL. Some examples: an Aries Moon can feel love at first sight, or competitive and controlling. A Cancer Moon feels love like a mother, or is needy. A Virgo Moon takes careful consideration before feeling anything, or demands perfection. And a Scorpio moon feels love intensely or is deviously in control.

VENUS is another planet that symbolizes love. We know the archetype of Venus as the goddess of love, and certainly the planetary symbol can be that but what Venus really represents is what we value. So we can value money, fame, power, and sex, etc.

And most people do before they value love. Most people don't have a clue what love is because of faulty upbringing. One of the ironies of life is that those of child bearing age are the least mature and most incapable of showing love!

LOVE
 What the world needs now is
 Love, pure Love.
 That's the only thing that there's
 just too little of....."

Robert Frost:

Some say, the world will end in fire.
 Some say in ice.

From what I've tasted of desire,
 I hold with those who favor fire.
 But if it had to perish twice,
 I think I know enough of hate
 To say that for destruction ice
 Is also great
 And would suffice.

Winter Calendar

Every year in December I like to remind myself that what we are really celebrating is the return of light! I, for one, am tired of darkness coming at 4:30 and getting up in darkness at 7 AM! That is why we put lights on our trees, walkways, rooftops, etc. at Christmas. The Romans took the Winter Solstice celebration of the Celts on December 21st and turned it into a religious holiday to convert them. We've had Christmas ever since! And even Hanukkah celebrates a miracle of light (though it was an oil lamp) and is often called The Festival of Lights! No matter how sophisticated humans become, we still cannot get away from our agrarian beginnings!

As we begin the Winter, we still have 3 planets retrograde. **Pluto** is still at 0° Aquarius but on the 30th makes it to 1°. Remember that Pluto is at its slowest these years, due to its erratic circuit around the Sun. Pluto transits now can last for up to ten years. Wherever it is in your chart there will be transformation particularly in the areas of science and humanities. Large groups of people and issues of freedom will also be of interest. Recent examples are Syria and S. Korea.

Neptune turned direct earlier this month and will enter Aries for a couple of months before returning to Pisces. Neptune has been in Pisces since 2012 and has been revealing the extent of poverty and homelessness in the world: oil and gas rights, financial disparity, Hollywood strikes, even the use of alcohol has changed: kids are now drinking flavored alcoholic soda! (And with wine loaded with additives who can blame them??) Health insurance is a joke, conspiracy theories are rampant, funny money bitcoin rises and falls. What good has it done? Neptune is two fish in

opposite directions so there is also good that comes out of cloudy issues. We've seen a lot of churches open their doors to perceived outcasts, dishonest preachers have been exposed, and alternative religious methods are common.

Uranus has been retrograde since September and will turn direct at the end of January. This planet wakes us up, shows us the unusual, the unorthodox, brilliance. It's 'home' is Aquarius, the water bearer pouring out wisdom. All the wonderful electronics we enjoy today belong to Uranus but the downside is lack of commitment to the individual. Uranus is currently in Taurus, the earth sign demanding practicality which is NOT Uranus' forte causing all the issues about AI.



Saturn in Pisces has been direct since September and will be so for the length of this cycle, but these two energies are conflicted, i.e. Saturn is bones, Pisces is water.

Saturn has made society aware of the many injustices around the globe, but Pisces waters down any ideas or plans such that nothing is corrected. This position brings fear and paranoia which we see a lot of in our country. Saturn will take a peek into Aries in June bringing a fresh approach to things.

Jupiter went retrograde in October and will turn Direct in early February! Yea! Jupiter is almost always good news, unless of course it is excessive! In Gemini, the twins, Jupiter can be flaky in its duality. It rules government officials, judges, merchants. In the last few months we have seen many politicians and businessmen change their affiliation, pander, and attempt to buy favor. In February we will probably see if that technique has worked.

Mars in Leo. Fires. But it retrogrades back into Cancer until the end of February bringing

relief and goes back into Leo near the Spring Equinox, at which time, be looking for the next issue of LC.

Prophecy

“Our republic should learn this lesson, for we might one day vote into power a hero who wins a giant TV trivia contest and educate our children to believe the Information Superhighway is the road to knowledge. If one clue to psychopathy is a trivial mind expressing itself in high-sounding phrases, then education emphasizing facts rather than thinking, and patriotic, politically or religiously correct “values” rather than critical judgment may produce a nation of achieving high school graduates who are also psychopaths.”

(A prophetic quote from James Hillman’s book *The Soul’s Code* which was written in 1997 when Pluto had

Adano Audio / Video Recordings

After 25+ years of collecting, transferring, cleaning up, and archiving Adano’s videos and audios, they are now ALL available online for the first time on Adano’s YouTube page (<https://www.youtube.com/c/AdanoLey>).

Your own copy of the Adano archives is also available, just send Paul a 64GB USB flash drive and include return postage. The archives have been cleaned up as much as possible with today’s technology and Paul is constantly reviewing the newest technology to see if they can be improved even further. It’s an amazing body of work in Adano’s own voice and unedited so that the videos and audios have his great energy unadulterated. If you have anything of Adano’s that needs to be archived, send it to Paul. In addition to [Adano’s website](#), Adano is also on [Facebook](#).

“**Now Man does not know** he is Soul in pure consciousness. He always thinks he has a Soul from the structural point of his mechanism so his structural mechanism will say “I am” and when it says “I am” it is saying that it is separated from a higher principle and this higher principle is attached to it like a tail attached to an animal. But if the ego in the structural form is subdued and placed to rest or relaxed, then the I AM-ness the higher consciousness which is Soul, begins to pass through. This is the first experience of illumination. This is the awakening of Samadhi to see beyond the five senses, but we’ll have our five senses to work with. It is one of the most frustrating and yet most elevating tools that the Creative Intelligence has devised in order to maintain a linkage between the pure consciousness and the stepped down consciousness in the form of matter. You see? What a wonderful alliance, what a wonderful framework of action occurring between structural matter and pure consciousness - that this one pure I AM consciousness, this one I AM experience maintains itself and it’s this I AM that is constantly driving, probing, pushing for the outward realization.” A.L.

Astrological Birthday Cards

Available at LongevityCircuit.com! A box of 12 astrological signs for \$30 (plus postage).

